

December

NSLP LUNCH K-12

revolution foods.
feeding good.

Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> flame broiled beef cheeseburger buffalo chicken sandwich sunbutter and jelly sandwich (vg) chicken pizza party salad chopped lettuce with sliced tomatoes and ranch 	<ul style="list-style-type: none"> bbq chicken with cheesy rice chicken taco trio chicken caesar wrap egg salad sandwich (vg) (df) local sweet potatoes
<ul style="list-style-type: none"> spicy chicken chorizo and cheese eggwich baked mac & cheese and chicken bites turkey and cheese sandwich southwest veggie wrap (vg) local peas 	<ul style="list-style-type: none"> egg and cheese panada pie (vg) spaghetti and meatballs (df) veggie taco salad (vg) bbq chicken wrap three bean salad with baby carrots 	<ul style="list-style-type: none"> cheese ravioli with marinara sauce (vg) cheesy chicken quesadilla chillin' chinese chicken noodles (nslp) honey mustard chicken wrap local sweet potatoes 	<ul style="list-style-type: none"> all natural hot dog (df) sloppy joe (df) chicken caesar salad taco dippers kit (vg) broccoli florets with ranch 	<ul style="list-style-type: none"> firecracker chicken with spicy sesame noodles pancakes w/ omelet (vg) chicken salad sandwich (df) sesame chicken wrap (df) chilled local green beans
<ul style="list-style-type: none"> chicken potstickers (df) hot turkey & cheddar flatbread melt ham and cheese sandwich sunbutter and jelly sandwich (vg) local corn 	<ul style="list-style-type: none"> orange chicken rice bowl (df) bbq chicken pasta with mozzarella and corn southwest veggie wrap (vg) bbq chicken wrap pinto beans with broccoli florets 	<ul style="list-style-type: none"> sweet garlic noodles crispy chicken sandwich (df) garden ranch salad with chicken breast egg salad sandwich (vg) (df) local sweet potatoes 	<ul style="list-style-type: none"> oven roasted chicken sandwich (df) cheese pizza (vg) chicken caesar wrap turkey and cheese sandwich celery sticks with ranch 	<ul style="list-style-type: none"> baked mac & cheese and bbq baked beans (vg) chicken fajita burrito sesame chicken salad chicken salad sandwich (df) local braised greens
<ul style="list-style-type: none"> "pepperoni" calzoni pizza (meatless) (vg) bbq chicken with cheesy rice turkey and cheese sandwich honey mustard chicken wrap 	<ul style="list-style-type: none"> pancakes w/ sausage cheese lasagna with (vg) chicken salad sandwich (df) chicken caesar salad broccoli florets w/ ranch 	<ul style="list-style-type: none"> chicken enchiladas holiday meal: roasted turkey and stuffing (df) cheese sandwich (vg) chicken caesar wrap chilled local green beans 	<ul style="list-style-type: none"> bbq chicken sandwich all natural hot dog (df) veggie taco salad (vg) sesame chicken wrap (df) garbanzo beans with baby carrots 	<ul style="list-style-type: none"> jumbo italian meatball with penne cheese ravioli with marinara sauce (vg) garden ranch salad with chicken breast ham and cheese sandwich local sweet potatoes
No School – Winter Holiday Break				

Seasons Eatings!

Bring on the holidays with our warm and hearty **seasonal Roast Turkey & Stuffing** meal: thick cut turkey pai with savory stuffing, colorful mashed yams, and homemade gravy with a fresh vegetable side.

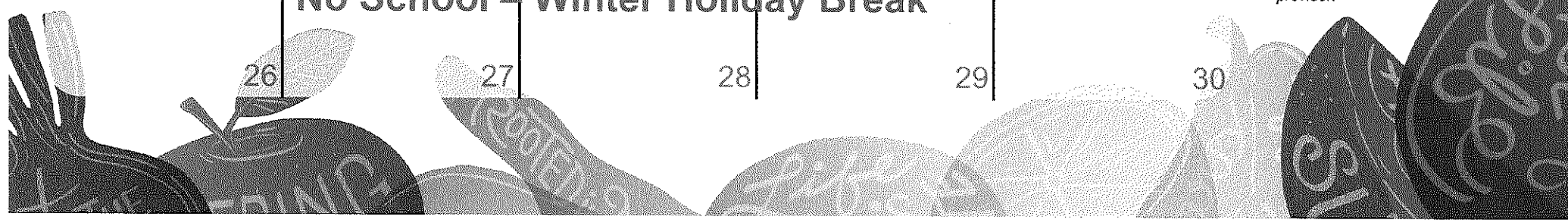
Look for it on the menu on December 21st!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

This institution is an equal opportunity provider.



December

NSLP/CACFP
SNACK

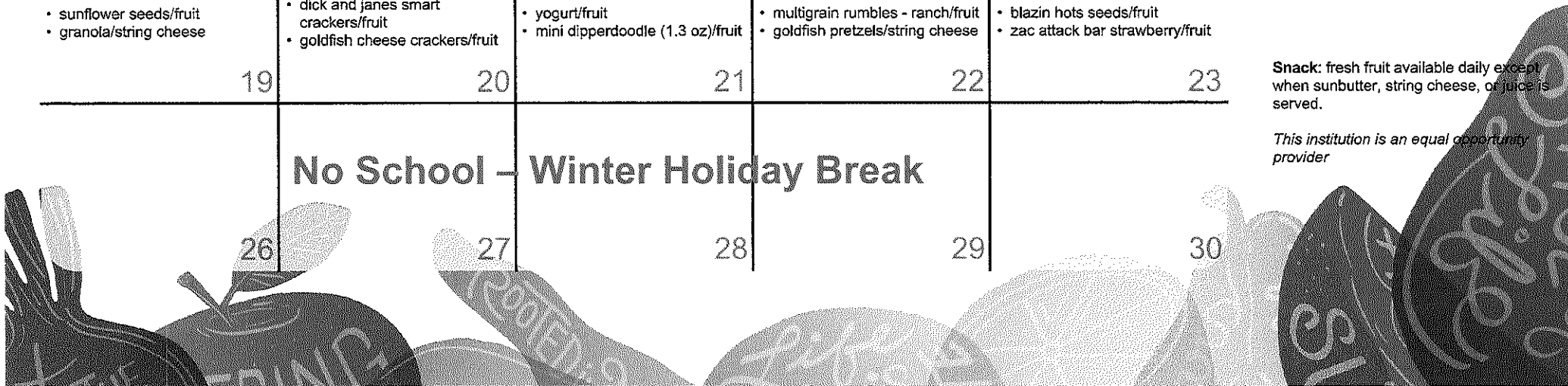
Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> granola/string cheese mini dipperdoodle (1.3 oz)/fruit <p>1</p>	<ul style="list-style-type: none"> sunflower seeds/fruit yogurt/fruit <p>2</p>
<ul style="list-style-type: none"> blazin hots seeds/fruit zac attack bar strawberry/fruit <p>5</p>	<ul style="list-style-type: none"> multigrain rumbles - cinnamon/fruit goldfish cheese crackers/juice <p>6</p>	<ul style="list-style-type: none"> string cheese/fruit yogurt/fruit <p>7</p>	<ul style="list-style-type: none"> goldfish pretzels/fruit dick and janes smart crackers/fruit <p>8</p>	<ul style="list-style-type: none"> sunflower seeds/fruit granola/string cheese <p>9</p>
<ul style="list-style-type: none"> goldfish cheese crackers/fruit multigrain rumbles - salsa fresca/fruit <p>12</p>	<ul style="list-style-type: none"> zac attack bar strawberry/fruit yogurt/fruit <p>13</p>	<ul style="list-style-type: none"> blazin hots seeds/fruit mini dipperdoodle (1.3 oz)/fruit <p>14</p>	<ul style="list-style-type: none"> sunflower seeds/fruit string cheese/fruit <p>15</p>	<ul style="list-style-type: none"> skeeter cinnamon grahams/fruit revolution foods honey wheat crackers/fruit <p>16</p>
<ul style="list-style-type: none"> sunflower seeds/fruit granola/string cheese <p>19</p>	<ul style="list-style-type: none"> dick and janes smart crackers/fruit goldfish cheese crackers/fruit <p>20</p>	<ul style="list-style-type: none"> yogurt/fruit mini dipperdoodle (1.3 oz)/fruit <p>21</p>	<ul style="list-style-type: none"> multigrain rumbles - ranch/fruit goldfish pretzels/string cheese <p>22</p>	<ul style="list-style-type: none"> blazin hots seeds/fruit zac attack bar strawberry/fruit <p>23</p>
No School – Winter Holiday Break				
26	27	28	29	30

did you know?

Fruits are nature's wholesome dessert! Packed with vitamins and fiber, fruits are a sweet path to a healthy life. Be sure to grab some fresh fruit with your snack!

Snack: fresh fruit available daily except when sunbutter, string cheese, or juice is served.

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December

UNTIZED BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
			<ul style="list-style-type: none"> rf honey buttons cereal (small)/zac attack strawberry bar (1.35 oz)/fruit (df) plain whole wheat bagel/cream cheese <p style="text-align: right;">1</p>	<ul style="list-style-type: none"> blueberry muffin zac omega bar strawberry (df) <p style="text-align: right;">2</p>
<ul style="list-style-type: none"> dipper doodle bar (df) skeeter cinnamon crackers with string cheese <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> breakfast cinnamon crumble zac omega bar apple (df) <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> yogurt/granola french toast muffin <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> blueberry burst whole grain bagel/cream cheese jumpstart breakfast: mini dipperdoodle (1.3 oz)/string cheese <p style="text-align: right;">8</p>	<ul style="list-style-type: none"> autumn spice muffin rf flurries cereal/ zac attack apple bar (df) <p style="text-align: right;">9</p>
<ul style="list-style-type: none"> zac omega bar strawberry (df) yogurt/dick and janes smart crackers <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> lemon muffin rf cocoa bops cereal (df) <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> breakfast cinnamon crumble dipper doodle bar (df) <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> blueberry muffin cold english muffin with turkey and cheese <p style="text-align: right;">15</p>	<ul style="list-style-type: none"> rf honey buttons cereal (small)/mini dipperdoodle (1.3 oz)/fruit (df) plain whole wheat bagel/cream cheese <p style="text-align: right;">16</p>
<ul style="list-style-type: none"> rf flurries cereal (small)/zac attack apple bar (1.35 oz)/fruit (df) dipper doodle bar (df) <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> french toast muffin string cheese/skeeter cinn grahams/fruit <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> blueberry muffin zac omega bar blackberry(df) <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> autumn spice muffin yogurt/granola <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> cinnamon duo: skeeter cinn grahams/cinnamon rumbles jumpstart breakfast: mini dipperdoodle (1.3 oz)/string cheese <p style="text-align: right;">23</p>
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26	27	28	29	30

Breakfast: choice of 1% or fat-free milk; fresh fruit available daily except when fruit juice is offe twice per week.

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